

GIRLS

PACER		GIRLS			CURL UPS		GIRLS		
AGE	Advanced	Proficient	Near Proficient	Novice	AGE	Advanced	Proficient	Near Proficient	Novice
10	>41	15-41	11-14	< 10	10	> 26	12-26	9-11	< 9
11	>41	15-41	11-14	< 10	11	> 29	15-29	12-14	< 12
12	>41	23-41	18-22	< 18	12	> 32	18-32	15-17	< 15
13	>51	23-51	18-22	< 18	13	> 32	18-32	15-17	< 15
14	>51	23-51	18-22	< 18	14	> 32	18-32	15-17	< 15
15	>51	23-51	18-22	< 18	15	> 35	18-35	15-17	< 15

PUSH UPS		GIRLS			SIT AND REACH		GIRLS		
AGE	Advanced	Proficient	Near Proficient	Novice	AGE	Advanced	Proficient	Near Proficient	Novice
10	>15	7-15	5-6	< 5	10	> 9	9	7-8	< 7
11	>15	7-15	5-6	< 5	11	> 10	10	8-9	< 8
12	>15	7-15	5-6	< 5	12	> 10	10	8-9	< 8
13	>15	7-15	5-6	< 5	13	> 10	10	8-9	< 8
14	>15	7-15	5-6	< 5	14	> 10	10	8-9	< 8
15	>15	7-15	5-6	< 5	15	> 12	12	10-11	< 10

BOYS

PACER		BOYS			CURL UPS		BOYS		
AGE	Advanced	Proficient	Near Proficient	Novice	AGE	Advanced	Proficient	Near Proficient	Novice
10	>61	23-61	18-22	< 18	10	> 24	12-24	9-11	< 9
11	>72	23-72	18-22	< 18	11	> 28	15-28	12-14	< 12
12	>72	32-72	27-31	< 27	12	> 36	18-36	15-17	< 15
13	>72	41-72	36-40	< 36	13	> 40	21-40	18-20	< 18
14	>83	41-83	36-40	< 36	14	> 45	24-45	21-23	< 21
15	>94	51-94	46-50	< 46	15	> 47	24-47	21-23	< 21

PUSH UPS		BOYS			SIT AND REACH		BOYS		
AGE	Advanced	Proficient	Near Proficient	Novice	AGE	Advanced	Proficient	Near Proficient	Novice
10	>15	7-15	5-6	< 5	10	> 9	9	7-8	< 7
11	>15	7-15	5-6	< 5	11	> 10	10	8-9	< 8
12	>15	7-15	5-6	< 5	12	> 10	10	8-9	< 8
13	>15	7-15	5-6	< 5	13	> 10	10	8-9	< 8
14	>15	7-15	5-6	< 5	14	> 10	10	8-9	< 8
15	>15	7-15	5-6	< 5	15	> 12	12	10-11	< 10